

# TEACHER TRAINING APPLICATION

[www.tiffanyyoga.com](http://www.tiffanyyoga.com)

## TIFFANY YOGA

Please Complete and Return to Yoga Pearl  
(attention Tiffany)  
or email to [info@tiffanyyoga.com](mailto:info@tiffanyyoga.com)

NAME: \_\_\_\_\_ DOB: \_\_\_ / \_\_\_ / \_\_\_

EMAIL: \_\_\_\_\_ PHONE #: \_\_\_\_\_

STREET: \_\_\_\_\_

CITY: \_\_\_\_\_ STATE: \_\_\_\_\_ ZIP: \_\_\_\_\_

How long have you practiced yoga? \_\_\_\_\_

How often do you practice? \_\_\_\_\_

Favorite style of yoga? \_\_\_\_\_

Occupation \_\_\_\_\_

How did you find out about our Teacher Training?

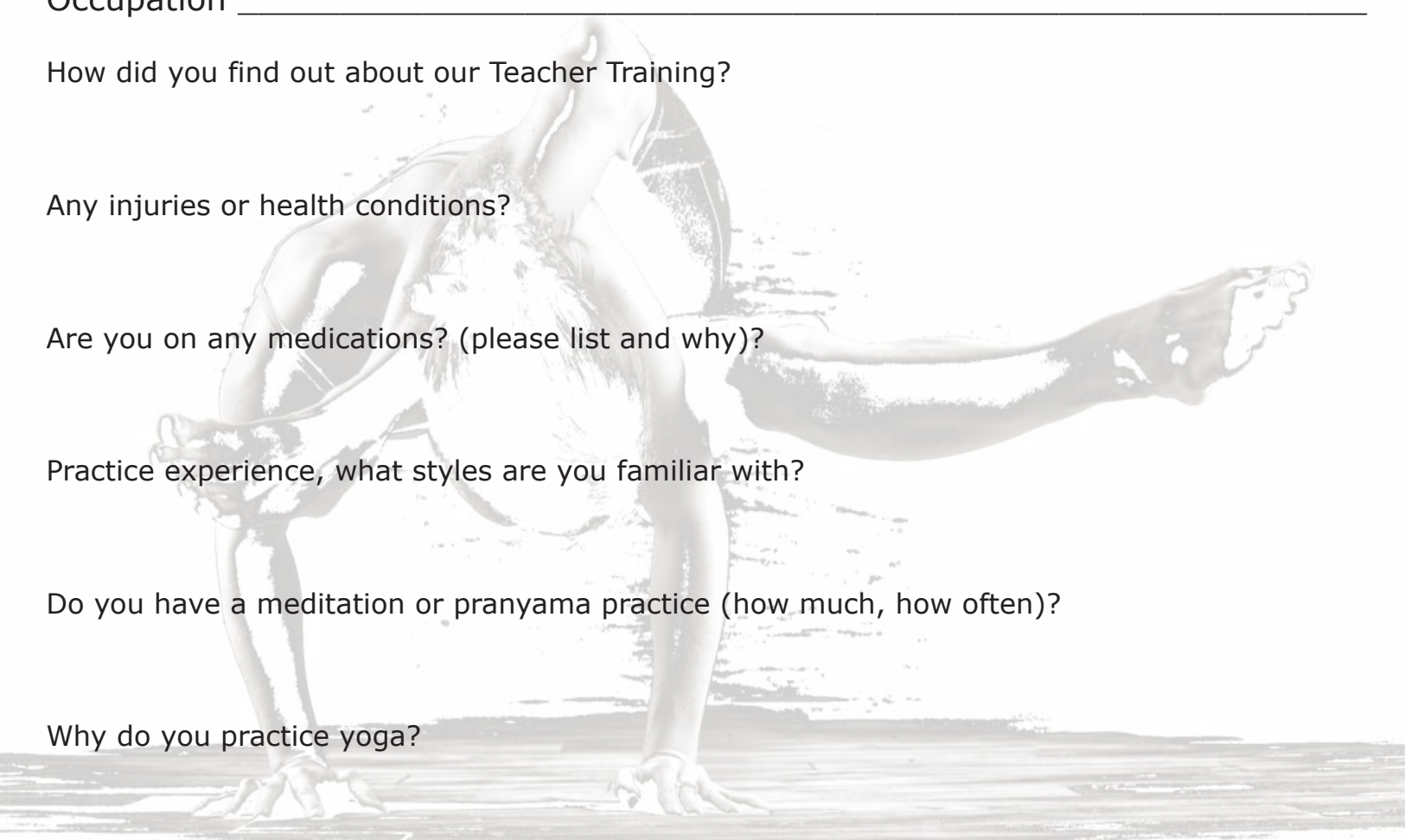
Any injuries or health conditions?

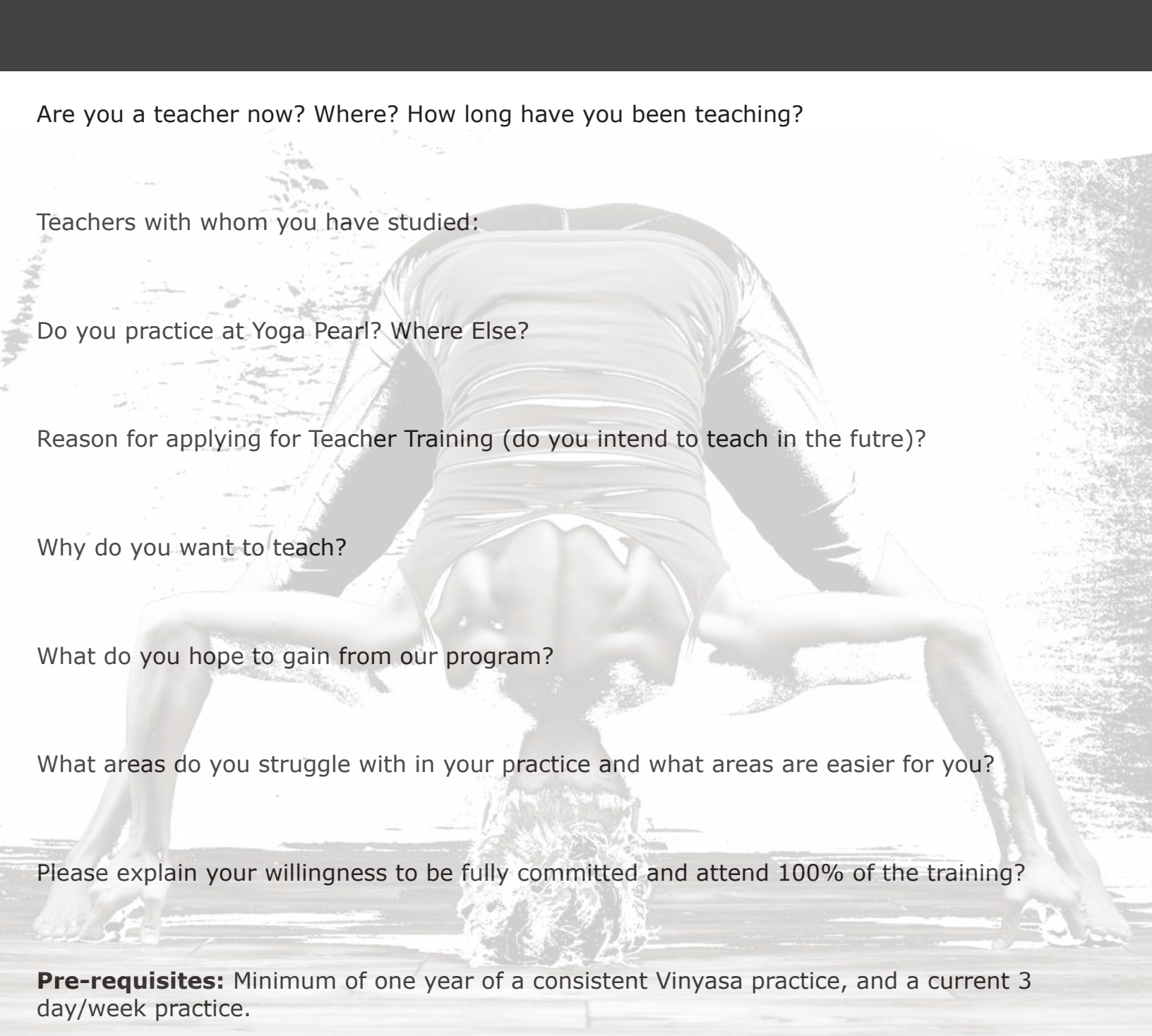
Are you on any medications? (please list and why)?

Practice experience, what styles are you familiar with?

Do you have a meditation or pranyama practice (how much, how often)?

Why do you practice yoga?





Are you a teacher now? Where? How long have you been teaching?

Teachers with whom you have studied:

Do you practice at Yoga Pearl? Where Else?

Reason for applying for Teacher Training (do you intend to teach in the future)?

Why do you want to teach?

What do you hope to gain from our program?

What areas do you struggle with in your practice and what areas are easier for you?

Please explain your willingness to be fully committed and attend 100% of the training?

**Pre-requisites:** Minimum of one year of a consistent Vinyasa practice, and a current 3 day/week practice.

For the 500-hour Training you must have completed a 200-hour Yoga Alliance approved teacher training program (does not have to have been at Yoga Pearl).

Application process: Download, complete and email application to: [info@tiffanyyoga.com](mailto:info@tiffanyyoga.com) or hand in at Yoga Pearl (attention Tiffany). Each application is carefully reviewed and accepted on an individual basis.

**Please indicate which program you are applying for:**

**200-HR Basic**       **500-HR Advanced**